Approaches to Expanding Health Coverage in Michigan August 17, 2005 Elliot Wicks Eileen Ellis Health Management Associates

Health Insurance Propositions

- Purpose of insurance is to spread risk: Healthy (temporarily) must subsidize unhealthy
 - Reduce rate variation (toward community rating)
 - Direct subsidies to cover high-risk cases/persons
 - From private source, often insurers
 - From government
- Anyone accepting enrollees on less restrictive basis than others will get "adverse selection" and won't survive without subsidies.

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Purchasing Pools for Small Employers

Pros

- Administrative savings, bargain for good prices (theory)
 - · Cost to state is small—perhaps start-up money.
 - Politically acceptable generally, though often not to insurers and agents.
 - Allows small employers to give individual employees choice of health plans.

Cons: •

- Most past pools have not captured large market share; so couldn't offer lower prices.
- Any savings will be insufficient to make coverage affordable for large numbers of uninsured people.
- Pools have had trouble getting health plans to participate.
- If permissive in accepting high risk groups, will not be able to compete with regular market.

Subsidized Buy-in to State Employees Plan

- Open to certain small, low-wage employers and low-wage individuals at same rates the state negotiates for state employees.
- No new administrative structure; existing economies.

Pros: • Enhanced bargaining power.

- State has ability to use cost-control tools, since it controls the plan.
- Fair way to spread subsidy costs general revenues

Cons:

- Major "crowd out" potential: employers as well as employees might drop existing plan, knowing employees can join the state plan.
- Need to cope with adverse selection (accept and pay, or protect against to some degree). Potentially costly.
- State employees might oppose need separate risk pool.

High-Risk Pool-Individual Market

- Special, subsidized insurance for very high-risk people—often those denied normal coverage.
- Rates capped (typically around 150% of normal rates); subsidy pays shortfall—from all insurers or general state funds

Pros: • May be only viable solution in voluntary market

Cons: • Often not adequately funded

- Rates may still be too high to be affordable
- · Won't increase coverage rates substantially

Government-Subsidized Reinsurance

- Costs of episodes of care above a threshold (e.g., \$100,000) are largely paid by government (e.g., 75%)
 [Healthy New York for small employers]
- Increased affordability, especially for higher-risk groups.
- "Socializes" high-cost cases, broadly spreading risk

Cons:

- Relatively poor "bang for buck"
 Won't lower cost much
 - Subsidizes costs that are currently being paid privately
 - Not well targeted to individuals needing help (although could limit to low-wage employers)
- Reduces insurers' incentive to control costs

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State- Authorized Reinsurance No Subsidy

Pros:

Lowers the risk of high loss, so reinsuring insurer should lower premiums somewhat to high-risk groups (though still reflected in market-wide premiums).

· Less need for medical underwriting.

Cons:

- Large insurers don't want to participate; they reinsure themselves. Difficult to sustain without them. So sometimes assess all insurers to cover pool losses.
- Insurers can't always identify the high-risk.
- Doesn't lower overall cost very much, so won't cause many people to be newly insured.

MEWAs, METs, AHPs

Same as other pools + operate across state lines, possible benefit to multi-state employers

- Cons: When not adequately regulated, many failures, leaving beneficiaries/providers with unpaid claims and no coverage (often fraud)
 - Critics: Get lower costs by forming pools of low-risk employers, leaving everybody else paying more
 - May not cover many newly insured

Insurance Reform: Rate Compression

Pros: • Makes coverage affordable to some (most in need) who could not otherwise afford.

- May be perceived as more fair: people not penalized for being high risk
- Cons: Won't increase number insured by much
 - Lower-risk people pay slightly more; some will drop coverage
 - Probably won't work in (voluntary) individual market

Extend Medicaid to Parents Below **Poverty Income**

Group is arguably the most in need.

- Federal government would pay ~ 57% of cost.
- Administrative burden low uses existing system.
- Enrollment can be managed by modifying income threshold to match available funds.
- · Parents and kids in same health plan.

- Cons: Some "welfare" stigma.
 - Political opposition to expanding Medicaid.
 - Creates SOME financial entitlement and a corresponding budgetary burden for the state.

Parent Coverage (up to 200% of Poverty) Through SCHIP

- Federal government pays nearly 70% of cost.
- Enrollment can be capped to control state cost.
- Existing administrative system.
- Employer Buy-In is an option.

- Cons: "Crowd-out" Issues
 - "Welfare" stigma
 - Requires state matching funds

Cover Parents, Childless Couples and Single Adults -HIFA Waiver

Pros: • If SCHIP, federal government pays nearly 70% of cost.

- Enrollment can be capped to control state cost.
- · Existing administrative system.
- Employer Buy-In is an option.

- Cons: "Crowd-out" Issues
 - "Welfare" stigma
 - Michigan has no unused federal SCHIP or DSH funds.

One-Third Share Plan

- Affordable health care for low-wage workers
- Pros: Causes new contribution of new employer dollars.
 - Model already developed: has support from the Governor.
 - · Source of subsidy must be identified.

Cons: • Requires intensive marketing.

Uneven availability if subsidy is locally funded.

Limited Benefit Plan ("Plan B")

- Provides basic health care to a large number of individuals at a low cost.
- Opportunities to maintain health and improve health behaviors/lifestyle.

- Cons: Continues reliance on hospitals to fund the cost of acute and emergency care for the uninsured.
 - Creates disincentive to join employer-sponsored insurance or third-share plan for low-income workers.

"Bare Bones" Insurance – Primary Care

- Pros: Some people would buy because of low cost, knowing they will get some use out of it.
 - Opportunities to maintain health and improve health behaviors/lifestyle.

- Cons: Would require dispensation from mandated benefits.
 - Continues reliance on hospitals to fund the cost of acute and emergency care for the uninsured.
 - Adverse selection: young and healthy may not buy.
 - Prepayment not insurance; may not be cheaper than paying out of pocket.

"Bare Bones" Insurance – Catastrophic, High-Deductible Coverage

Pros: •

- Premium cost would be lower and thus more affordable.
- · Protects against financially devastating medical event.
- Might be attractive to young, healthy, often-uninsured people, who don't use much primary care.

- Cons: Experience suggests few people want such coverage.
 - Cost might still deter many people from buying.
 - Likely opposed by those who think preventive services should be promoted.

HSAs, MSA, "Consumer Driven"

- Claims: Consumer initially spending "own" money, so incentive to be cost-conscious-keeps costs down, premiums are lower, more people can afford
- Critics: Young, healthy, and rich will buy; those left will pay more for their insurance
 - May discourage use of preventive services
 - May not be adequate protection for lower-income people
 - · Cost reduction not sufficient to induce many to newly insure

Individuals in Transition

- Avoid having people who have coverage lose it: going off Medicaid, new workers previously on family coverage, unemployed
 - Subsidize COBRA coverage for those getting unemployment compensation
 - Temporary tax credits
 - Buy in to state employees' plan with subsidies

Extending Coverage for Young Adults:

• Make up high percent of uninsured

Low cost because generally healthy

Cons: • If automatic on private coverage, adds to everybody's premiums; some might drop dependent coverage entirely.

> If option on private coverage, adverse selection likely, and premium cost would be higher because not spread widely.

Employer "Play or Pay" Mandate

- Low budget cost, but borne by employers and employees.
- Builds on existing employer system.

- Cons: Aids only people with jobs.
 - High degree of compulsion.
 - May cause loss of some jobs for minimum-wage workers.
 - Difficult for low-profit employers (may need subsidies).
 - Regressive tax burden.

individual Mandate for **High-Income People**

High-income people account for significant share of uninsured.

> • Eliminates "free rider" problem when catastrophic costs incurred.

- Cons: High degree of compulsion.
 - Could create hardships if family is high risk.

Single Payer and Variations

- Universal coverage guaranteed
- Complete portability within state
 - · Greatly reduced administrative burden and costs
 - Increased equity: everyone, regardless of risk or income, has equal access; and system financed through taxes

Cons:

- Very high budgetary cost (in large degree offset by reduced private costs)
- Major change from status quo providers, insurers
- High degree of compulsion
- Possible influx of sick people from other states

Multiple Payer Variation

- Less disruption of status quo, but still universal coverage substantial administrative savings

Tax Credits for Individuals

- "Mainstream" coverage; no separate program.
- Uses existing administrative procedures of tax system.
- More acceptable to those wary of government (tax cut).

Cons:

- Incomes of many uninsured are so low that tax credit must be "refundable."
- Credit available only at tax filing wouldn't help pay monthly premiums must be "advanceable." May be administratively difficult and costly.
- Large credits required to create significant take-up effect, with higher budgetary cost.

 Crowd out: some might drop coverage
- Trade-off: Cover those already having coverage? Choice between horizontal equity, or high budgetary cost.

Tax Credits for Employers

- Depends on market forces and "mainstream" coverage.
 Uses existing a line of the coverage.
- Uses existing administrative procedures of tax system.
- More acceptable to those wary of government.

- Cons:

 Many potential firms are small and not very profitable; little income against which to apply credit refundable.

 Firms (and employees) might still find it difficult to
 - afford coverage.
 - To be effective, credits would need to be large, with high budgetary cost.
 - "Crowd out" potential: firms already offering coverage might seek tax credits, with no net reduction in the uninsured.
 - May be less "target efficient" than individual credits.

Other Questions/Comments from 8-3

- Has anyone ever tried an experience-rated mechanism, similar to unemployment for health insurance? (Employer free to buy in)
- Can we explore a model where people who pay too high a share of their income toward premiums can get a subsidized plan?
- Items missing from EMET:
 - Levels of care offered/does model encourage prevention?
 - To what extent will the expansion model decrease inappropriate use of the ER, uncompensated care and cost shifting to employers?